

APPENDIX: II

Medical Library



AMERICAN ACADEMY
OF OPHTHALMOLOGY

The Eye M.D. Association

Health Tips on How Often to Have an Eye Exam

Many people want to know how often they should have their eyes examined. The answer depends on your age, medical background and risk factors for disease.

In general, Eye M.D.s recommend the following exam schedules:

Children

(Screening for eye disease by trained personnel: Eye M.D. pediatrician or trained screener.)

- Newborn to 3 months
- 6 months to 1 year
- 3 years (approximately)
- 5 years (approximately)

Adults

(Comprehensive medical exam by an Eye M.D.)

- Once between age 20-39
- Age 40-64, every two to four years
- Age 65 and older, every one to two years

Some factors may put you at increased risk for eye disease. If any of these factors applies to you, check with your Eye M.D. to see how often you should have a medical eye exam:

- Developmental delay
- Premature birth
- Personal or family history of eye disease
- Previous serious eye injury
- African-American heritage (are at increased risk for glaucoma)
- Use of certain medications (check with your Eye M.D.)